

October 25, 2000

Linda S. Kahl, Ph.D. Office of Special Nutritionals (HFS-450) Center of Food Safety and Applied Nutrition Food and Drug Administration 200 "C" St. S.W. Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made Glucosamine Chondroitin. The dietary ingredients that are the subject of the statement are Glucosamine sulfate, Chondroitin sulfate. The statements read as follows.

"This scientifically based formula combines the recommended ratios of two of the most effective joint support ingredients in just three easy-to-swallow capsules." "Glucosamine and Chondroitin are the building blocks of healthy joints and tissues. They are important to joint strength, lubrication and flexibility." "Joint Support Formula."

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

Fitness Labs Nutrition Corporation

Daniel R. McFarland

President

975-0162

LE+ 6178

Phone (310) 325-0075 Fax (310) 325-5559